Traditional Healing in Cross Cultural Context is a study abroad course that will prepare general education and occupational students to experience how indigenous people embody health and healing in everyday life. In this interdisciplinary course, students will explore traditional healing and indigenous cosmology as it relates to the health of the individual, the community, and the earth. Students will also engage in independent research and collaborative projects to support the formulation of a personal wellness philosophy. All students will volunteer at Casa De Milagros Orphanage as a service learning component of this course.

Healing in the Sacred Valley

Studying in the Sacred Valley changed many aspects of my life. Not only do I have a greater appreciation for living simply, but now for simply living. I’ve gained a new, stronger appreciation and respect for the Pachamama (aka, the earth). I left the Sacred Valley with a feeling that the forces of my body, mind, and spirit have become aligned and renewed. My journey has prepared me to live in harmony with nature and in peace with the world around me.

- Steve Hrobsky
2009 Participant

Think Globally, Enroll Locally.

The Madison College Center for International Education offers many opportunities for students to expand their global knowledge and understanding.

Students can earn a Global Studies Certificate or participate in many different education abroad opportunities ranging from short term field studies courses to full semester programs abroad.

For more information visit: madisoncollege.edu/international

Traditional Healing in Peru

June 10-23, 2013

• 3 credit health-elective course
• Immerse yourself in traditional Peruvian Healing practices and ceremony with shamans in the Sacred Valley of Peru.
• Visit Machu Picchu and sacred sites of the Inca
• Embark on a journey of personal transformation

Informational Meeting:
Jan. 28, 5:30 - 7p.m. • Downtown Campus Rm. 334
Program Overview
Embark on a personal healing journey while learning about traditional Peruvian healing practices during this two-week summer program. In this three-credit health elective course students will travel to the Sacred Valley of Peru and become immersed in the traditional medicine ways of the Andean shamans. Travel to sacred sites of the Inca, participation in traditional ceremony and extensive hiking at high altitudes are integral components of this course. The Sacred Valley was home to the Inca Empire. The major attraction of this region is Machu Picchu, tucked away high in the Andes Mountains. Peruvian culture today is steeped in Amerindian and Spanish traditions.

Course Information
Participants who wish to earn credit for this program will enroll in “Traditional Healing in Cross Cultural Context” (3 credits), which is offered as a study abroad course. This course explores the concepts of traditional healing and indigenous cosmology as it relates to the health of the individual, the community, and the earth. Grading is based on independent research and collaborative projects. Due to the high altitude of the Andes Mountains, students should be in good physical health and be comfortable hiking for extended periods of time over uneven terrain.

Accommodations and Meals
Participants will stay in double-occupancy hotel rooms. Meals will be provided by Paz y Luz Conference Center and area restaurants.

As part of the program cost, students will experience a number of excursions and cultural activities. Possible excursions may include:
- Machu Picchu & Aguas Calientes
- City markets of Pisac & Cusco
- Sacred Incan sites

Additional Information
A passport is required for US citizens traveling to Peru. If you need to apply for a passport, it is advised to allow at least 6 weeks for standard processing.

Amy Nicholson and Ana Larramendi will accompany participants to Peru, facilitate three mandatory pre-departure sessions and lead one mandatory post-return session lead this program. In order to be eligible, all students must be able to participate in all components of this course.

For more information on your guides, please see the following websites:
thehollowbone.com
earthspirithealingarts.com

There will be an informational meeting on January 28th, 5:30-7:00pm for interested students.

Location:
Downtown Campus, Room 334
211 N. Carroll St.
Madison, WI 53703

Approximate Cost
The program fee in 2013 is approximately $3950

Includes:
- Roundtrip airfare between Chicago and Cusco
- Airport transfer between Madison and Chicago
- In-country travel expenses
- Accommodations
- Meals daily
- Machu Picchu transportation, entrance fee and guide
- Mandatory international health insurance

Additional Fees:
- Application Fee $25.00
- Tuition for 3-credit course
- Passport (if you do not yet have one)
- Spending money
- Tips for drivers, tour guides and shamans
- Additional drinks and meals

For more information please contact:
Amy Nicholson (608) 258-2321
ACNicholson@madisoncollege.edu

Informational Meeting:
January 28, 2013
5:30-7pm • Downtown Campus, Room 334

Apply Online:
The application deadline is March 8, 2013 or until the course is filled.

madisoncollege.edu/educationabroad

Course Itinerary
Day 1
- Van Galder Bus Memorial Union to O’Hare Airport-Depart to Miami and then to Lima

Day 2
- Arrive in Cusco and then travel to Pisac

Day 3-5
- Classes in Traditional Shamanic Cosmology and Healing with Amy and Ana

Day 6
- Sunrise Ceremony at the Sacred Site of Pisac and Exploration of the famous Pisac Market. After lunch student will participate in a traditional herbal medicine workshop.

Day 7
- Class in Traditional Shamanic Cosmology and Healing with Ana and Amy.

Day 8
- Free Day to Explore Cusco

Day 9-11
- Andean Cosmology and healing ceremonies with local shamans and medicine people

Day 12-13
- Visit sacred site of Ollyantaytambo;Travel by train to Aguas Calientes to enjoy the hot springs before rising early to explore the spectacular Machu Picchu, of the wonders of the world.

Day 14
- Shuttle to Cusco and then on to Lima for US Departure.

Day 15
- Van Galder Bus from O’hare to Chicago, arriving in Madison mid-afternoon.